



# CIVIL AIR PATROL CADET SUPER CHART

CAP Visual Aid 60-100  
September 2021  
Available in 2' x 3' poster via eServices, and for self-printing on two letter-size sheets. See a web-based version of this chart at [GoCivilAirPatrol.com/Ranks](http://GoCivilAirPatrol.com/Ranks)

**NEW for 2021**  
♦ Cadet Welcome Course added to Ach. 1  
♦ Cadet Interactive is now available for leadership Ach. 1-11 and aerospace Ach. 2-8  
♦ Aerospace added to Ach. 8, making space for *Aerospace Dimensions*' cyber module

♦ Achievement 5 now unnamed  
♦ Earhart aerospace exam deleted  
For full details on all requirements shown here, see CAPR 60-1, ch. 5.

PHASE I	PHASE II				PHASE III				PHASE IV				GENERAL CARL SPAATZ AWARD								
ACHIEVEMENT 1	ACHIEVEMENT 2	ACHIEVEMENT 3	WRIGHT BROS. AWARD	ACHIEVEMENT 4	ACHIEVEMENT 5	ACHIEVEMENT 6	ACHIEVEMENT 7	ACHIEVEMENT 8	BILLY MITCHELL AWARD	ACHIEVEMENT 9	ACHIEVEMENT 10	ACHIEVEMENT 11	AMELIA EARHART AWARD	ACHIEVEMENT 12	ACHIEVEMENT 13	ACHIEVEMENT 14	ACHIEVEMENT 15	ACHIEVEMENT 16	IRA EAKER AWARD	GENERAL CARL SPAATZ AWARD	
Major General John F. Curry First National Commander of the Civil Air Patrol and a strong advocate for female aviators	General Air Force Hap Arnold Commanding general of U.S. Army Air Forces during World War II	Colonel Mary Feik Pioneer in the fields of aviation mechanics and engineering, and proud CAP volunteer	Orville & Wilbur Wright First men to achieve powered, controlled, sustained, heavier-than-air flight	Captain Eddie Rickenbacker America's "Ace of Aces" during World War I; he wanted CAP Cadets to know him as "Eddie"	Currently not named; reserved for a future aerospace pioneer	General Jimmy Doolittle Pioneer in aeronautical engineering and leader of the World War II air raid on Tokyo	Dr. Robert H. Goddard The "Father of Modern Rocketry" and developer of the first liquid-fueled rocket	Neil Armstrong First man to set foot on the Moon, aboard Apollo 11 on July 20, 1969 - "One giant leap for mankind"	Brigadier General Billy Mitchell America's first vocal advocate for military aviation; he proved the airplane could sink ships	Currently not named; reserved for a future aerospace pioneer	1st Lt Willa Brown "Maker of Pilots" and CAP volunteer, her flight school trained the first African-American military pilots	Currently not named; reserved for a future aerospace pioneer	Amelia Earhart Record-setting female pilot and writer whom was lost while attempting to fly around the world	Currently not named; reserved for a future aerospace pioneer	Currently not named; reserved for a future aerospace pioneer	Colonel George Boyd Tuskegee Airman, one of the first African-American USAF officers, veteran of three wars, CAP volunteer	Dr. Sally Ride Astrophysicist and first US woman in space who later became a champion of science literacy	Currently not named; reserved for a future aerospace pioneer	General Ira C. Eaker Army Air Forces general and advocate of strategic bombardment during World War II	General Carl Spaatz First Chief of Staff of the United States Air Force and Test Chairman of the CAP National Board	

GRADE, INSIGNIA, & AWARDS																				
CADET AIRMAN BASIC	CADET AIRMAN	CADET AIRMAN FIRST CLASS	CADET SENIOR AIRMAN	CADET STAFF SERGEANT	CADET TECHNICAL SERGEANT	CADET MASTER SERGEANT	CADET SENIOR MASTER SERGEANT	CADET CHIEF MASTER SERGEANT	CADET CHIEF MASTER SERGEANT	CADET SECOND LIEUTENANT	CADET SECOND LIEUTENANT	CADET FIRST LIEUTENANT	CADET FIRST LIEUTENANT	CADET CAPTAIN	CADET CAPTAIN	CADET MAJOR	CADET MAJOR	CADET MAJOR	CADET LIEUTENANT COLONEL	CADET COLONEL

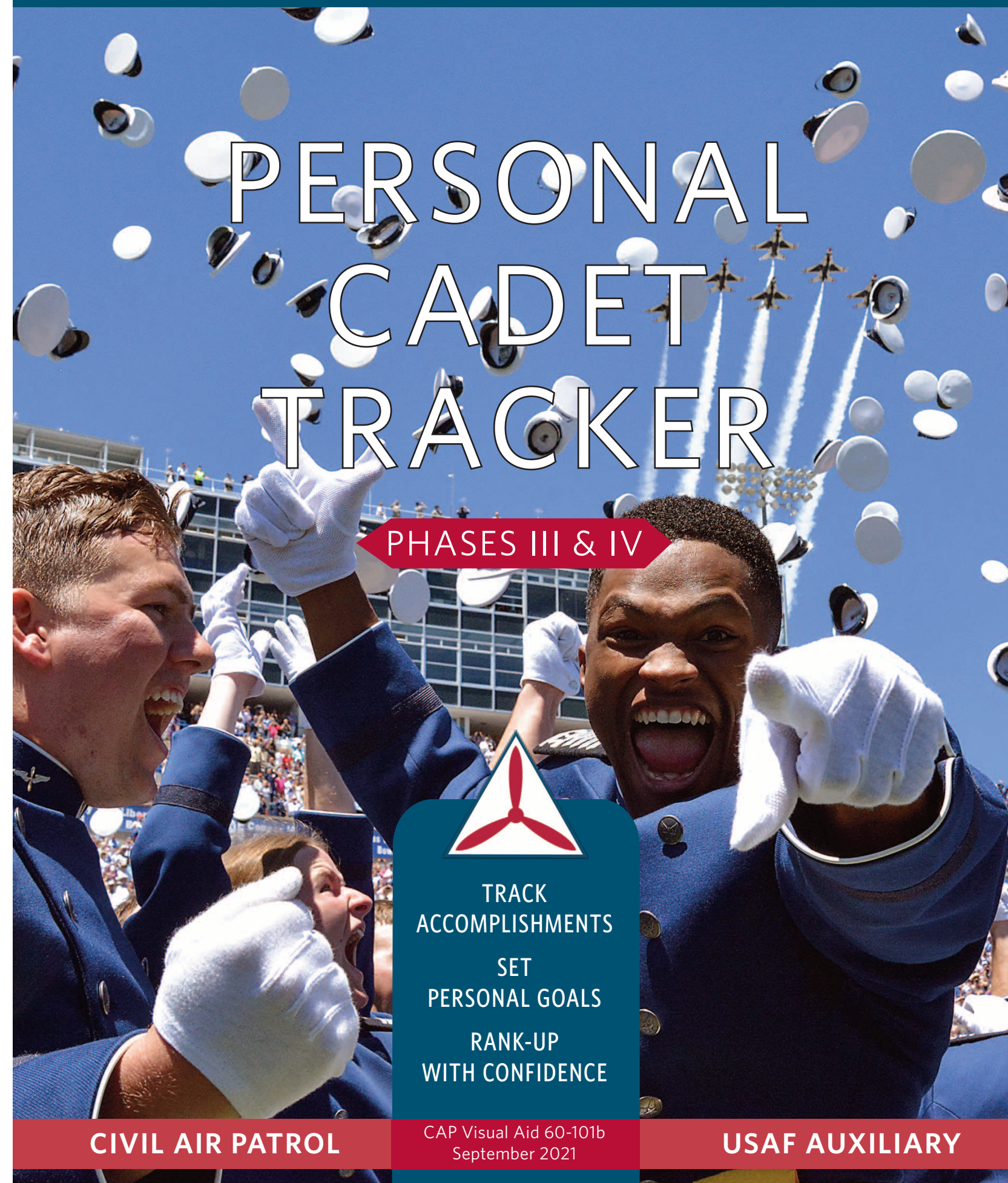
PROMOTION ELIGIBILITY REQUIREMENTS																						
<b>LEADERSHIP</b>	Learn to Lead ch. 1 Cadet Interactive or Open-Book Test	Learn to Lead ch. 2 Cadet Interactive or Open-Book Test	Learn to Lead ch. 3 Cadet Interactive or Open-Book Test	Learn to Lead ch. 1-3 Comprehensive Closed-Book Exam	Learn to Lead ch. 4 Cadet Interactive or Open-Book Test	Learn to Lead ch. 5 Cadet Interactive or Open-Book Test	Learn to Lead ch. 6 Cadet Interactive or Open-Book Test	Learn to Lead ch. 7 Cadet Interactive or Open-Book Test	Learn to Lead ch. 8 Cadet Interactive or Open-Book Test	Learn to Lead ch. 4-8 Comprehensive Closed-Book Exam	Learn to Lead ch. 9 Cadet Interactive or Open-Book Test	Learn to Lead ch. 10 Cadet Interactive or Open-Book Test	Learn to Lead ch. 11 Cadet Interactive or Open-Book Test	Learn to Lead ch. 9-11 Comprehensive Closed-Book Written Exam	Learn to Lead ch. 12 Open-Book Test	Learn to Lead ch. 13 Open-Book Test	Learn to Lead ch. 14 Open-Book Test	Learn to Lead ch. 15 Open-Book Test	Learn to Lead ch. 16 Open-Book Test	Speech & Essay	Learn to Lead ch. 1-16 Comprehensive Closed-Book Exam	
<b>AEROSPACE</b>	No Requirement	Aerospace Dimensions Any Module Cadet Interactive or Written Test	Aerospace Dimensions Any Module Cadet Interactive or Written Test	No Requirement	Aerospace Dimensions Any Module Cadet Interactive or Written Test	Aerospace Dimensions Any Module Cadet Interactive or Written Test	Aerospace Dimensions Any Module Cadet Interactive or Written Test	Aerospace Dimensions Any Module Cadet Interactive or Written Test	Aerospace Dimensions Any Module Cadet Interactive or Written Test	Aerospace Dimensions Any Module Cadet Interactive or Written Test	Aerospace Dimensions Any Module Cadet Interactive or Written Test	Aerospace Dimensions Any Module Cadet Interactive or Written Test	Aerospace Dimensions Any Module Cadet Interactive or Written Test	Aerospace Dimensions Any Module Cadet Interactive or Written Test	No Requirement	No Requirement	No Requirement	Aerospace: The Journey of Flight 3-Chapter Block Open-Book Test	Aerospace: The Journey of Flight 3-Chapter Block Open-Book Test	Aerospace: The Journey of Flight 3-Chapter Block Open-Book Test	Aerospace: The Journey of Flight 3-Chapter Block Open-Book Test	Journey of Flight All 18 Chapters Comprehensive Closed-Book Exam
<b>FITNESS</b>	Attempt CPFT as a baseline	Participate in 1 Activity & Have Attempted CPFT in Previous 180 days	Participate in 1 Activity & Have Attempted CPFT in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	Participate in 1 Activity & Have Attained HFZ in Previous 180 days	USAF Academy Candidate Fitness Assessment	
<b>CHARACTER</b>	Cadet Wingman Course	Participate in 1 Activity	Participate in 1 Activity	No Requirement	Participate in 1 Activity	Participate in 1 Activity	Participate in 1 Activity	Participate in 1 Activity	Participate in 1 Activity	No Requirement	Participate in 1 Activity	Participate in 1 Activity	Participate in 1 Activity	No Requirement	Participate in 1 Activity	Participate in 1 Activity	Participate in 1 Activity	Participate in 1 Activity	Participate in 1 Activity	Participate in 1 Activity	Essay Exam	
<b>SPECIAL</b>	Cadet Welcome Course Cadet Interactive or class									Graduate Encampment (anytime prior)					NOTE: Begin training for Spaatz Fitness Test						NOTE: USAFA & PYPF test protocols differ greatly	

PRESIDENTIAL YOUTH FITNESS PROGRAM — HEALTHY FITNESS ZONE (HFZ) STANDARDS																						
Fitness training and acclimation period No CPFT performance standards																						
	PACER (20m laps)										RUN EITHER											
	AGE	10	11	12	13	14	15	16	17	18+	10	11	12	13	14	15	16	17	18+			
MALE		17	20	23	29	36	42	47	50	54	11:30	11:10	10:40	9:46	9:22	9:04	8:42	8:22	8:04			
FEMALE		17	20	23	25	27	30	32	35	38	11:30	11:10	10:40	10:20	10:09	9:58	9:46	9:34	9:22			
		PLUS 2 of 3										CURL-UPS										
		10	11	12	13	14	15	16	17	18+	10	11	12	13	14	15	16	17	18+			
		7	8	10	12	14	16	18	18	18	7	8	10	12	14	16	18	18	18			
		PLUS 2 of 3										PUSH-UPS										
		10	11	12	13	14	15	16	17	18+	10	11	12	13	14	15	16	17	18+			
		7	8	9	10	10	10	10	10	10	7	7	7	7	7	7	7	7	7			
		SIT & REACH (avg. inches)										USAF CANDIDATE FITNESS ASSESSMENT										
		10	11	12	13	14	15	16	17	18+	M	F										
		9	10	10	10	10	10	10	10	10	81	78										
												MILE RUN: 6:29 - 7:30										

LEADERSHIP EXPECTATIONS			
<i>Squadrons provide a feedback meeting using the CAPF 60-90 series forms at least once per phase</i>			
<b>ATTITUDE</b>	Displays a positive attitude; optimistic; enthusiastic; is team-oriented	Maintains a positive attitude and encourages good attitudes in others; does not flaunt rank or authority	Conscious of own performance; takes initiative to develop new skills; self-motivated and able to motivate others
<b>CORE VALUES</b>	Aware of the Core Values; honest; wears uniform properly; practices customs and courtesies	Displays a commitment to the Core Values; promotes team spirit, professionalism, and good sportsmanship as a team leader	Fair, just, and consistent in dealing with subordinates; exercises good judgment in knowing which matters should be referred up the chain
<b>COMMUNICATION SKILLS</b>	Listens actively; attentive; asks good questions	Proficient in informal public speaking (i.e., in giving directions to and training junior cadets)	Given an assignment, takes project from beginning to end; develops appropriate goals, plans, standards, and follows through in execution; demonstrates sense of ownership in all assignments
<b>SENSE OF RESPONSIBILITY</b>	Follows directions; dependable; arrives ready to learn and serve; effective in managing own time	Enforces standards; trustworthy in supervising a small team and leading them in fulfillment of a series of simple tasks; given a plan, is able to carry it out	Actively mentors NCOs; resolves conflicts fairly; criticizes constructively; dissents respectfully when disagreeing with superiors
<b>INTERPERSONAL SKILLS</b>		Guides and coaches junior cadets; recognizes when junior cadets need help; leads by example; is not a "boss"	Thinks in advance and plans ahead to meet the unit's short-term needs; imaginative and not tied to old ideas
<b>CRITICAL THINKING</b>			Delegates routine tasks effectively and works through NCOs; keeps people informed; makes expectations clear; supervises work of other leaders
<b>DELEGATION SKILLS</b>			Resilient; shows mental discipline in working to achieve long-term goals; welcoming of change; has habit of continual self-improvement
			Uses empathy; recognizes how Core Values relate to new and unfamiliar situations; makes sound and timely decisions independently
			Articulate; succinct; persuasive; varies message to fit audience; proficient in explaining complex issues
			Completes large projects with little supervision; follows and sets a command intent; self-starter
			Actively develops and mentors cadet officers; adapts leadership style to fit situation; calm under pressure
			Sets long-term goals for the unit; imaginative and visionary; recognizes unit's long-term needs; mentally agile when faced with unfamiliar problems
			Directs multiple teams and manages multiple tasks; assigns people to right jobs; delegates well and enables others to take charge



MINIMUM TIME IN GRADE excluding accelerated promotions for JROTC cadets																				
3-week trial period Example: Dec '21 Cadet joins CAP	Upon joining Jan '22	+ 8 weeks Mar '22	+ 8 weeks May '22	+ 8 weeks Jul '22 6 months to Wright Bros.	+ 8 weeks Nov '22	+ 8 weeks Jan '23	+ 8 weeks Mar '23	+ 8 weeks May '23	+ 8 weeks Jul '23 18 months to Mitchell	+ 8 weeks Sep '23	+ 8 weeks Nov '23	+ 8 weeks Jan '24	+ 8 weeks Mar '24 26 months to Earhart	+ 8 weeks May '24	+ 8 weeks Jul '24	+ 8 weeks Sep '24	+ 8 weeks Nov '24	+ 8 weeks Jan '25	+ 8 weeks Mar '25 38 mos. to Eaker	Upon earning Eaker Mar '25 38 mos. to Spaatz







# CIVIL AIR PATROL PERSONAL CADET TRACKER

## PHASE III

### Achievement 9



Eligibility Requirements	Completed
<b>Leadership - Task 1</b> L2L Ch. 9 Open-Book Test or Cadet Interactive	
<b>Leadership - Task 2</b> Staff Duty Analysis Service, Writing & Presentation	
<b>Aerospace</b> Journey of Flight: 3-Chapter Block	
<b>Fitness</b> 1 Activity & Attained HFZ < 180 Days	
<b>Character</b> 1 Monthly Forum	
<b>Special Requirement</b> No Requirement	N/A
<b>Honor Credit</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>Goal Date</b>	
<b>Promotion Effective Date</b>	

### Achievement 10

Lieutenant Willa Brown



Eligibility Requirements	Completed
<b>Leadership - Task 1</b> L2L Ch. 10 Open-Book Test or Cadet Interactive	
<b>Leadership - Task 2</b> Staff Duty Analysis Service, Writing & Presentation	
<b>Aerospace</b> Journey of Flight: 3-Chapter Block	
<b>Fitness</b> 1 Activity & Attained HFZ < 180 Days	
<b>Character</b> 1 Monthly Forum	
<b>Special Requirement</b> No Requirement	N/A
<b>Honor Credit</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>Goal Date</b>	
<b>Promotion Effective Date</b>	

### Achievement 11



Eligibility Requirements	Completed
<b>Leadership - Task 1</b> L2L Ch. 11 Open-Book Test or Cadet Interactive	
<b>Leadership - Task 2</b> Staff Duty Analysis Service, Writing & Presentation	
<b>Aerospace</b> Journey of Flight: 3-Chapter Block	
<b>Fitness</b> 1 Activity & Attained HFZ < 180 Days	
<b>Character</b> 1 Monthly Forum	
<b>Special Requirement</b> No Requirement	N/A
<b>Honor Credit</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>Goal Date</b>	
<b>Promotion Effective Date</b>	

### Amelia Earhart Award



Eligibility Requirements	Completed
<b>Leadership - Task 1</b> L2L Ch. 9-11 Comprehensive Closed-Book Exam	
<b>Leadership - Task 2</b> No Requirement	N/A
<b>Aerospace</b> No Requirement	N/A
<b>Fitness</b> 1 Activity & Attained HFZ < 180 Days	
<b>Character</b> No Requirement	N/A
<b>Special Requirement</b> No Requirement	N/A
<b>Honor Credit</b>	N/A
<b>Goal Date</b>	
<b>Promotion Effective Date</b>	

You have already received the Phase III & IV Kit and so will not receive another shipment of textbooks. Learn to Lead Volume 4 is available only as a PDF at [GoCivilAirPatrol.com/Library](http://GoCivilAirPatrol.com/Library)

CADET NAME

CAPID

UNIT CHARTER NUMBER

## STAFF DUTY ANALYSIS

complete in any order

Item No.	SDA Topic	Service Completed	Writing Completed	Presentation Completed	Ach. No.
1.	Resume				
2.	Background Paper				
3.	Advocacy Paper				
4.	Operations Plan				
5.	Budget				
6.	Media Package				
7.	After Action Review				
8.	Personal Leadership Plan				

## AEROSPACE: THE JOURNEY OF FLIGHT

complete in any order

Test No.	Corresponding "Dimensions" Module	Study "Journey" Chapters	Date Completed	Ach. No.
1.	Introduction to Flight	1, 7, 8		
2.	Aircraft Systems & Airports	2, 9, 10		
3.	Air Environment	3, 18, 19		
4.	Rockets	4, 21, 23		
5.	Space Environment	5, 24, 25		
6.	Spacecraft	6, 26, 27		

You must complete one test during Achievements 9, 10, 11, 14, 15, and 16. You may take the tests in any order. If possible, study the *Journey of Flight* chapters corresponding to the *Aerospace Dimensions* module being studied by the cadets you are mentoring or instructing. Some chapters in *Journey of Flight* (11-17, 20, 22) are **not** included in your course of study. Cyber defense is a topic in *Aerospace Dimensions* but not *Journey of Flight*.

## PHASE IV

### Achievement 12



Eligibility Requirements	Completed
<b>Leadership - Task 1</b> L2L Ch. 12 Open-Book Test	
<b>Leadership - Task 2</b> Staff Duty Analysis Service, Writing & Presentation	
<b>Aerospace</b> No Requirement	N/A
<b>Fitness</b> 1 Activity & Attained HFZ < 180 Days	
<b>Character</b> 1 Monthly Forum	
<b>Special Suggestion</b> Begin training for Spaatz Fitness Test	N/A
<b>Honor Credit</b>	N/A
<b>Goal Date</b>	
<b>Promotion Effective Date</b>	

### Achievement 13



Eligibility Requirements	Completed
<b>Leadership - Task 1</b> L2L Ch. 13 Open-Book Test	
<b>Leadership - Task 2</b> Staff Duty Analysis Service, Writing & Presentation	
<b>Aerospace</b> No Requirement	N/A
<b>Fitness</b> 1 Activity & Attained HFZ < 180 Days	
<b>Character</b> 1 Monthly Forum	
<b>Special Suggestion</b> Continue training for Spaatz Fitness Test	N/A
<b>Honor Credit</b>	N/A
<b>Goal Date</b>	
<b>Promotion Effective Date</b>	

### Achievement 14

Colonel George Boyd



Eligibility Requirements	Completed
<b>Leadership - Task 1</b> L2L Ch. 14 Open-Book Test	
<b>Leadership - Task 2</b> Staff Duty Analysis Service, Writing & Presentation	
<b>Aerospace</b> Journey of Flight: 3-Chapter Block	
<b>Fitness</b> 1 Activity & Attained HFZ < 180 Days	
<b>Character</b> 1 Monthly Forum	
<b>Special Suggestion</b> Continue training for Spaatz Fitness Test	N/A
<b>Honor Credit</b>	N/A
<b>Goal Date</b>	
<b>Promotion Effective Date</b>	

### Achievement 15

Dr. Sally K. Ride



Eligibility Requirements	Completed
<b>Leadership - Task 1</b> L2L Ch. 15 Open-Book Test	
<b>Leadership - Task 2</b> Staff Duty Analysis Service, Writing & Presentation	
<b>Aerospace</b> Journey of Flight: 3-Chapter Block	
<b>Fitness</b> 1 Activity & Attained HFZ < 180 Days	
<b>Character</b> 1 Monthly Forum	
<b>Special Suggestion</b> Continue training for Spaatz Fitness Test	N/A
<b>Honor Credit</b>	N/A
<b>Goal Date</b>	
<b>Promotion Effective Date</b>	

### Achievement 16



Eligibility Requirements	Completed
<b>Leadership - Task 1</b> L2L Ch. 16 Open-Book Test	
<b>Leadership - Task 2</b> Staff Duty Analysis Service, Writing & Presentation	
<b>Aerospace</b> Journey of Flight: 3-Chapter Block	
<b>Fitness</b> 1 Activity & Attained HFZ < 180 Days	
<b>Character</b> 1 Monthly Forum	
<b>Special Suggestion</b> Continue training for Spaatz Fitness Test	N/A
<b>Honor Credit</b>	N/A
<b>Goal Date</b>	
<b>Promotion Effective Date</b>	

### General Ira C. Eaker Award



Eligibility Requirements	Completed
<b>Leadership - Task 1</b> Speech & Essay	
<b>Leadership - Task 2</b> No Requirement	N/A
<b>Aerospace</b> No Requirement	N/A
<b>Fitness</b> 1 Activity & Attained HFZ < 180 Days	
<b>Character</b> No Requirement	N/A
<b>Special Requirement</b> (Anytime Prior) Graduate from Leadership Academy	
<b>Honor Credit</b>	N/A
<b>Goal Date</b>	
<b>Promotion Effective Date</b>	

### General Carl A. Spaatz Award



Eligibility Requirements	Completed
<b>Leadership</b> Learn to Lead Vols. 1-4 Comprehensive Closed-Book Exam	
<b>Aerospace</b> Aerospace: Journey of Flight Comprehensive Closed-Book Exam	
<b>Fitness</b> USAFA Candidate Fitness Assessment Sit-Ups: 81 Male 78 Female Push-Ups: 62 Male 41 Female Mile Run: 6:29 Male 7:30 Female	
<b>Character</b> Essay	
<b>Honor Credit</b>	N/A
<b>Goal Date</b>	
<b>Promotion Effective Date</b>	
<b>Spaatz Award Certificate Number</b>	